



# CALLING ALL EMPLOYERS

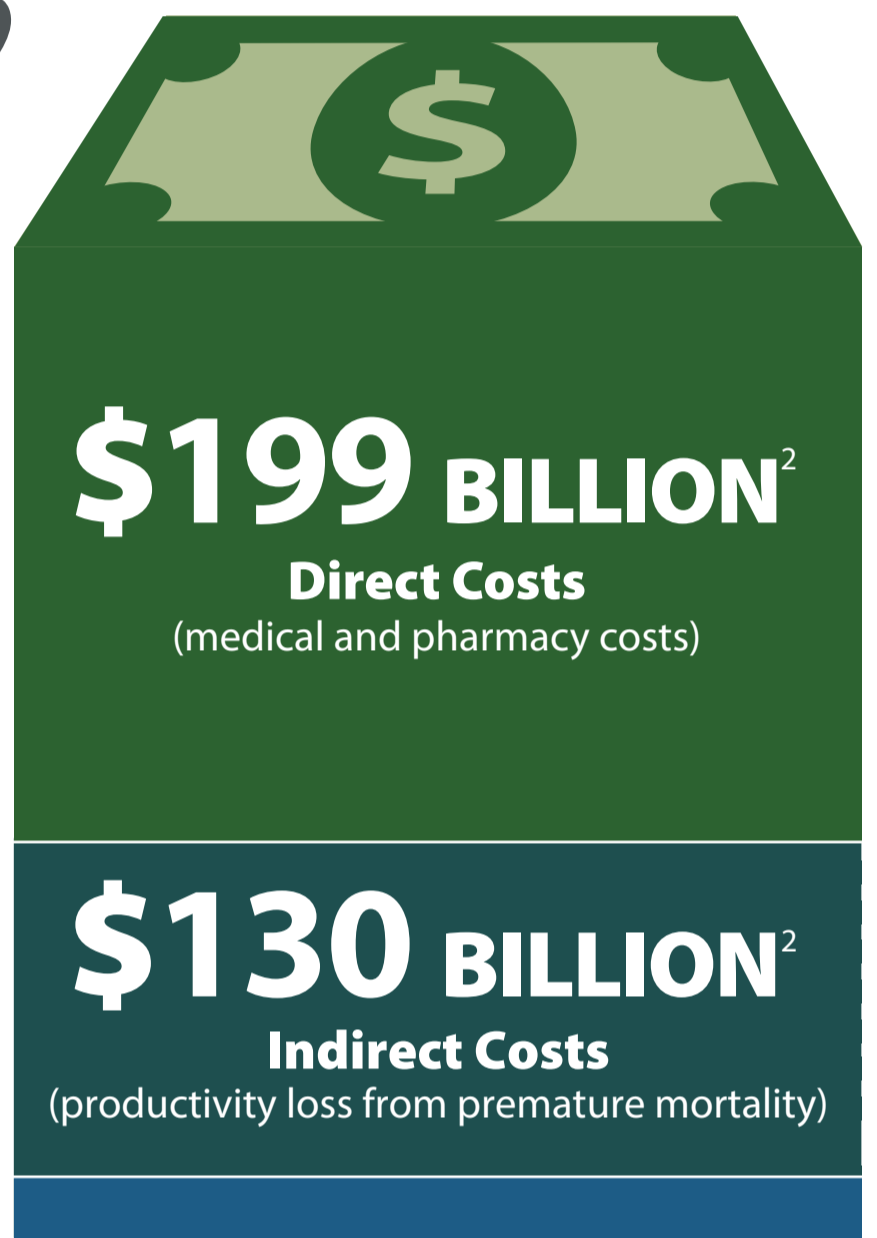
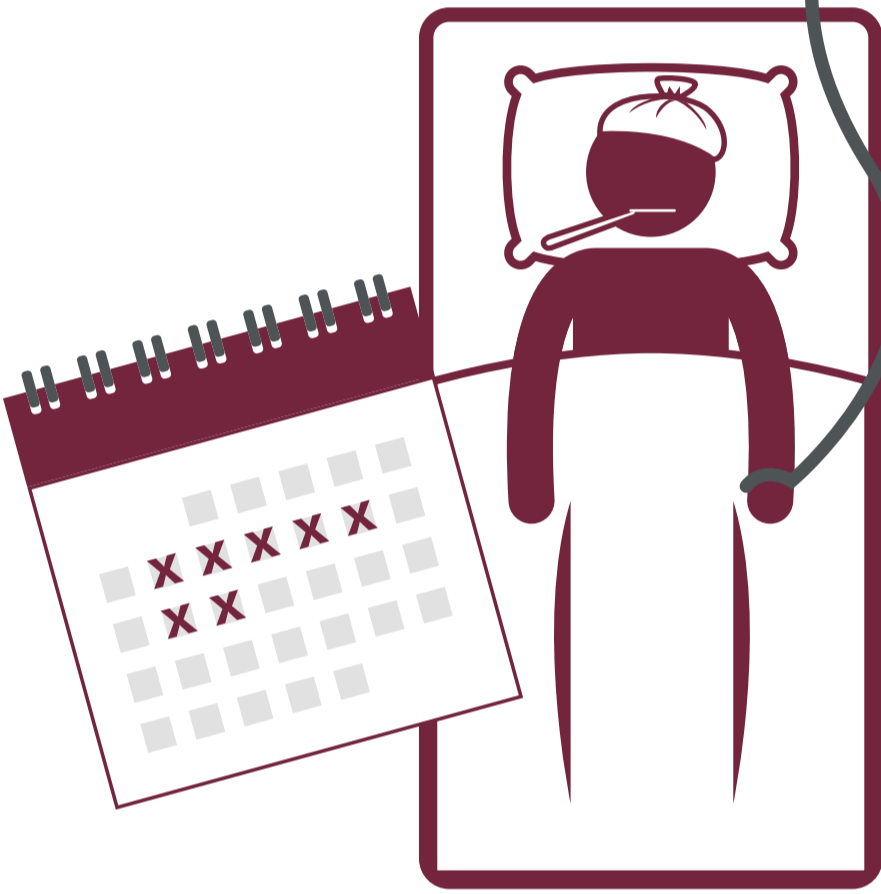
Supporting the well-being of your employees benefits them, and it also makes good business sense!



## HEART DISEASE AND STROKE ARE BAD FOR BUSINESS

**AVERAGE YEARLY COST PER EMPLOYEE** over a week in absences and **\$1,100** more in lost productivity.<sup>1</sup>

Cardiovascular disease costs the U.S. more than **\$329 BILLION<sup>2</sup>** each year, more than any other health condition.



**\$53.2 BILLION** for high blood pressure alone<sup>2</sup>

**16%** of employers provided information\* to their employees last year on how to manage cardiovascular disease<sup>3</sup>



\*brochures, videos, posters, pamphlets, and newsletters

**23%** of employers provided at least one of these screenings to their employees last year: blood pressure (23%), cholesterol (20%), diabetes (19%)<sup>3</sup>



# THERE'S MORE EMPLOYERS CAN DO, AND IT DOESN'T HAVE TO COST A LOT



**1 Provide Onsite Screenings**



**2 Go for a Walk**



**3 Go Smokefree**

Visit the Workplace Health Resource Center for more information and ideas.

[www.cdc.gov/whrc/](http://www.cdc.gov/whrc/)

<sup>1</sup> Cardiovascular Disease Costs Will Exceed \$1 Trillion by 2035, Warns the American Heart Association, 14 Feb. 2017. <https://newsroom.heart.org/news/cardiovascular-disease-costs-will-exceed-1-trillion-by-2035-warns-the-american-heart-association>

<sup>2</sup> Benjamin EJ, et al. Heart Disease and Stroke Statistics-2018 Update: A Report From the American Heart Association. Circulation. 2018 Mar 20;137(12):e67-e492

<sup>3</sup> CDC Workplace Health in America Survey, 2017. <https://www.cdc.gov/workplacehealthpromotion/data-surveillance/index.html>

